



## Nov. 2018

MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY
				
<p style="text-align: right;">5</p> <p>B: WG cereal w/ milk, juice L: Chicken Alfredo Cass. Peas, Apples, Milk Sn: Graham Crackers, milk</p>	<p style="text-align: right;">6</p> <p>B: WG English Muffins, orange slices, milk L: Fish Nuggets, Mixed Veg, Roll Applesauce, Milk Sn: Yogurt, Pretzel Goldfish, Water</p>	<p style="text-align: right;">7</p> <p>B: WG waffle, Apples, Milk L: Pancakes, Sausage Patty, Hashbrown, Man Oranges, Milk Sn: Cheez Its, Juice</p>	<p style="text-align: right;">1</p> <p>B: WG cereal w/ milk, banana L: Turkey &amp; Cheese Tortilla Roll Up Carrot Coins, Peaches, Milk Sn: Graham crackers, milk</p>	<p style="text-align: right;">2</p> <p>B: Blueberry Oatmeal Bar, Seasonal fresh fruit, milk L: Popcorn Chicken, Roll, Mixed Veg, Pears, Milk Sn: Apple Slices w/ PB, Milk</p>
<p style="text-align: right;">12</p> <p>B: WG cereal w/ milk, juice L: BBQ Baked Beans w/ Ground Beef &amp; Green Beans, Wagon Wheel Pasta, Applesauce, Milk Sn: PB Crackers, Milk</p>	<p style="text-align: right;">13</p> <p>B: WG Bagel, orange slices, Milk L: Pizza, Salad, Pears, Milk Sn: Cheese, Crackers, Water</p>	<p style="text-align: right;">14</p> <p>B: WG waffle, apple slices, milk L: Taco Salad (Meat, Rice, Salad Salsa, Cheese) Peaches, Milk Sn: Pumpkin Bread, Milk</p>	<p style="text-align: right;">8</p> <p>B: WG cereal w/ milk, banana L: Meatballs in Sauce, Pasta, Salad, Mixed Fruit, Milk Sn: Fruit, Crackers, Water</p>	<p style="text-align: right;">9</p> <p>B: Baked Oatmeal Bar seasonal fresh fruit, milk L: Hot Ham and Cheese, Brussel Sprouts, Peaches, Milk Sn: Animal Crackers, Milk</p>
<p style="text-align: right;">19</p> <p>B: WG cereal w/ milk, juice L: Baked Mac &amp; Cheese, Peas, Apples, Milk Sn: Graham Crackers, Milk</p>	<p style="text-align: right;">20</p> <p>B: WG English Muffins, orange slices, milk L: Tomato Soup, Toasted Cheese Sand. Banana, Milk Sn: Yogurt, Pretzels, Water</p>	<p style="text-align: right;">21</p> <p>B: WG waffle, apple slices, milk L: Turkey &amp; Cheese Sand. Carrots, Peaches, Milk Sn: Goldfish Crackers, Juice</p>	<p style="text-align: right;">15</p> <p>B: WG cereal w/ milk, banana <b>Thanksgiving Meal</b> L: Turkey, Mashed Potatoes, Cranberry Salad, Roll, Pumpkin Cookie, Milk Sn: Graham crackers, milk</p>	<p style="text-align: right;">16</p> <p>B: Blueberry Oatmeal Bar, seasonal fresh fruit, milk L: Chicken Patty Sand. Mixed Veg, Applesauce, Milk Sn: Apple Slices w/ PB, Milk</p>
<p style="text-align: right;">26</p> <p>B: WG cereal w/ milk, juice L: Chicken Taco Soup, Corn Bread, Pineapple, Milk Sn: PB Crackers, Milk</p>	<p style="text-align: right;">27</p> <p>B: WG Bagel, orange slices, Milk L: Ham Potatoes &amp; Green Beans, Roll, Applesauce, Milk Sn: Crackers, Banana, Water</p>	<p style="text-align: right;">28</p> <p>B: WG waffle, apple slices, milk L: Chicken Rice Cass, Broccoli, Peaches, Milk Sn: Pumpkin Bread, Milk</p>	<p style="text-align: right;">22</p> <p style="text-align: center;">DSECC Closed Happy Thanksgiving!</p> <p style="text-align: center;"></p>	<p style="text-align: right;">23</p> <p style="text-align: center;"><b>DSECC Closed</b></p>
<p style="text-align: right;">26</p> <p>B: WG cereal w/ milk, juice L: Chicken Taco Soup, Corn Bread, Pineapple, Milk Sn: PB Crackers, Milk</p>	<p style="text-align: right;">27</p> <p>B: WG Bagel, orange slices, Milk L: Ham Potatoes &amp; Green Beans, Roll, Applesauce, Milk Sn: Crackers, Banana, Water</p>	<p style="text-align: right;">28</p> <p>B: WG waffle, apple slices, milk L: Chicken Rice Cass, Broccoli, Peaches, Milk Sn: Pumpkin Bread, Milk</p>	<p style="text-align: right;">29</p> <p>B: WG cereal w/ milk, banana L: Egg Roll in a Bowl (Cabbage, Carrots, Pork) Rice, Pineapple, Milk Sn: Graham crackers, milk</p>	<p style="text-align: right;">30</p> <p>B: Blueberry Oatmeal Bar, seasonal fresh fruit, milk L: Cheeseburger Pizza, Sweet Potato Fries, Mixed Fruit, Milk Sn: Apple Slices w/ PB, Milk</p>

\*All juice is 100% juice      \*WG=Whole Grain

\*Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat), Corn Flakes, Kix, Life, Rice Krispies, etc.