

Dec. 2018

MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY
3 B: WG Cereal w/ Milk, Banana L: Smoked Sausage, Roasted White & Sweet Potatoes, Roll, Applesauce, Milk Sn: Cheese Sandwich Cracker, Juice	4 B: WG English Muffins, Orange slices, Milk L: Fish Nuggets, Mixed Veg, Roll, Trop. Mixed Fruit, Milk Sn: Yogurt, Pretzel Goldfish, Water	5 B: WG Waffle, Apples, Milk L: Baked Mac and Cheese, Peas, Peaches, Milk Sn: Animal crackers, milk	6 B: WG Cereal w/ Milk, Banana L: Sloppy Joe Sand. Oven Potatoes Pineapples, Milk Sn: Fresh Veg, Hummus, Water	7 B: Pancakes, Seasonal Fresh Fruit, Milk L: Chicken & Veg. Brown Rice, Man. Oranges, Milk Sn: Apple Slices w/ PB, Milk
10 B: WG Cereal w/ Milk, Juice L: Beef Veg. Stew, Biscuit, Apples, Milk Sn: Graham Crackers, milk	11 B: WG Bagel, Orange slices, Milk L: Hot Ham & Cheese, Carrot Coins, Mixed Fruit, Milk Sn: Cheese, Crackers, Water	12 B: WG waffle, Apples, Milk L: Chicken Orzo Soup, Cucumber Slices, Clementine, Milk Sn: Cheez Its, Juice	13 B: WG Cereal w/ Milk, Banana L: Meatballs in Sauce, Pasta, Salad, Mixed Fruit, Milk Sn: Fruit, Crackers, Water	14 B: WG Breakfast Pizza, Seasonal Fresh Fruit, Milk L: Baked Potato, Chili, Cheese, Roll, Mixed Fruit, Milk Sn: Animal Crackers, Milk
17 B: WG Cereal w/ Milk, Banana L: Chicken Pasta Alfredo Cass, Peas, Applesauce, Milk Sn: Cheese Sandwich Cracker, Juice	18 B: WG English Muffins, Orange slices, Milk L: Sausage & Rice Cass. Green Beans, Pineapple, Milk Sn: Yogurt, Pretzel Goldfish, Water	19 B: WG waffle, Apples, Milk L: WG Pizza, Salad, Pears, Milk Sn: Animal crackers, milk	20 B: WG Cereal w/ Milk, Banana L: Ham, Noodles, Oven Roasted Carrots, Fruit Salad, Milk Sn: Goldfish Crackers, Juice	21 B: WG Baked Oatmeal, Seasonal Fresh Fruit, Milk L: Popcorn Chicken, Mixed Veg, Roll, Peaches, Milk Sn: Apple Slices w/ PB, Milk
24 DSECC Closed	25 	26 DSECC Closed	27 DSECC Closed	28 DSECC Closed
31 DSECC Closed				

*All juice is 100% juice *WG=Whole Grain

*Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat), Corn Flakes, Kix, Life, Rice Krispies, etc.

