WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
B: WGR Cereal w/ Milk, Banana	B: WGR English Muffin, Oranges,	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Bagel, Assorted
	Milk			Fresh Fruit, Milk
L: Ham & Rice Casserole,	L: BBQ Chicken Meatballs, Roll,	L: Pasta with Meat Sauce, Salad,	L: Chicken Orzo Soup, Crackers,	L: Chicken Patty Sandwich,
Peas, Applesauce, Milk	Smile Fries, Peaches, Milk	Applesauce, Milk	Apples, Milk	ixed Veggies, Milk
Sn: Cheez Its, Juice	Sn: Yogurt, Pretzels, Water	Sn: Mini Grahams, Milk	Sn: Baked Oatmeal, Milk	Sn: Snack Mix, Juice
10	11	12	13	14
B: WGR Cereal w/ Milk, Juice	B: WGR English Muffin, Oranges,	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Cinn. Toast, Assorted
	Milk			Fresh Fruit, Milk
L: Mac & Cheese, Peas,	L: Sloppy Joe Sanwdich, Sweet	L: Chef Salad (Ham & Cheese)	L: Tomato Soup, Toasted Cheese	L: Pizza, Fresh Veggies,
Applesauce, Milk	Potato Fries, Peaches, Milk	Roll, Pears, Milk	Sandwich, Crackers, Apples, Milk	Applesauce, Milk
Sn: Animal Crackers, Milk	Sn: Snack Waffle, Milk	Sn: Crackers, Cheese, Water	Sn: Banana Bread, Milk	Sn: Goldfish, Juice
17	18	19	20	21
B: WGR Cereal w/ Milk, Banana	B: WGR English Muffin, Oranges,		B: WGR Cereal w/ Milk, Banana	B:WGR Bagel, Assorted
	Milk			Fresh Fruit, Milk
L: Cheese Quesadilla, Spinach	L: Sausage and Potato Casserole	L: Sweedish Meatballs, Noodles.	L: Goulash, Corn, Mixed Fruit,	L: Chicken Patty Sandwich,
Salad, Peaches, Milk	Roll, Applesauce, Milk	Green Beans, Mixed Fruit, Milk	Milk	Peas & Carrots, Applesauce, Milk
Sn: Cheez Its, Juice	Sn: Yogurt, Pretzels, Water	Sn: Mini Grahams, Milk	Sn: Baked Oatmeal, Milk	Sn: Snack Mix, Juice
24	25	26	27	28
B: WGR Cereal w/ Milk, Juice	B: WGR English Muffin, Oranges,	B: WGR Waffle, Apples, Milk	B: WGR Cereal w/ Milk, Banana	B:WGR Cinn. Toast, Assorted
	Milk			Fresh Fruit, Milk
L: Ham & Cheese Roll Up,	L: Chicken Nuggets, Roll, Corn,	L: Hamburger Gravy, Mashed	L: Zucchini Corn Chodwer, Cheese	L: Pizza, Fresh Veggies,
Mixed Veggies, Applesauce, Milk		Potatoes, Bread, Mixed Fruit, Milk	Crackers, Apples, Milk	Peaches, Milk
Sn: Animal Crackers, Milk	Sn: Snack Waffle, Milk	Sn: Crackers, Cheese, Water	Sn: Banana Bread, Milk	Sn: Goldfish, Juice
31				
B: WGR Cereal w/ Milk, Banana				ART
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L: Mac & Cheese, Peas,				-
Applesauce Milk	PROPERTY OF THE PROPERTY OF TH			
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Sn: Cheez Its, Juice				_ 3"
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^{*}All juice is 100% juice

^{*}WGR=Whole Grain Rich

^{*1} yr olds Served Whole Milk

^{*2} yrs + Served 1% Milk

^{*}Assorted cereals include: Cheerios, Chex (Corn, Rice, or Wheat), Corn Flakes, Kix, Life, Rice Krispies, etc.

^{*}Assorted Fresh Fruit includes: Bananas, Apples, Oranges

^{*}Assorted Fresh Veggies includes: Carrots, Bell Peppers, Cucumbers